



Spring + Summer 2018



Give Rugby a Try!

01

Open to all towns on the North Shore
Sundays Apr 29th-July 29th



02

Boys & Girls ages 7-u18



03

Enrollment Limited



Learn the skills while you play with us in Spring & Summer 2018

Rookie Rugby is a non-contact sport designed to introduce children and teenagers to Rugby Union Football. We develop basic skills in a fun, encouraging environment. Similar to flag football, flag rugby eliminates contact, and "tackles" occur by pulling one of two velcro tags from a ball carrier's belt. We use the rugby ball in all facets of learning the basics of the game, enhancing both skills and physical fitness!



High School **players** register (\$52) w/ Colts on www.myrugby.org



Elementary(\$17); Middle school (\$42) **players** register w/ Trailblazers on www.myrugby.org



ALL **players** must also register (\$90) for the Spring & Summer 2018 seasons at www.salemrec.com



First sibling \$90; Second sibling \$50; Third sibling \$0. Rugby jerseys and shorts available for purchase.



NSYRFC will **NOT** accept registrations directly



All registrations current through to August 31, 2018



NSYRFC

Visit our site at www.nsyrfc.com

Register for all at www.salemrec.com or contact Des Crowley nsyouthrugby15@gmail.com

* Brought to you by The City of Salem, Recreation and Community Services